FAMILY RECIPES:

OKRA SOUP WITH SHRIMP – Naomi Williams

INGREDIENTS:

- 2 tablespoon olive oil
- 2 garlic cloves minced
- 1 large onion, chopped
- 1 medium green bell pepper, chopped
- 2 tablespoon unsalted butter
- 2 cups fresh or thawed out corn
- 2 cups thawed out lima beans
- 1 cup diced fresh tomatoes
- 1 28oz can of diced tomatoes
- 2 1/2 cups sliced fresh or thawed out okra
- 1 bay leaf
- 1 tablespoon crushed red pepper
- 2 cups medium to large shrimp
- salt and pepper to taste

DIRECTIONS:

- 1. Heat a large pot or Dutch oven over medium heat and add the olive oil, garlic, onions, green peppers and 1 tablespoon of butter and sauté until vegetables soften.
- 2. Add corn, lima bean, fresh tomatoes and mix.
- 3. Add canned tomatoes stir.
- 4. Cover, bring to a simmer and cook for 20 minutes.
- 5. While soup is simmering, melt remaining butter in a pan, add the shrimp, and salt and pepper to taste; cook until shrimp begins to turn pink.
- 6. Add okra, red crushed pepper, and mix. Then add to the soup, cover and cook for an additional 10 minutes.
- 7. Stir the soup and serve over rice.